

Music Example for Speed Lesson #47
Developing Equal Speed in Hands and Feet- Part 2

SD
BD

3 3 3 3

3 3 3 3

Practice Key

- #1 = Play SD with right hand and
BD with right foot
- #2 = Play SD with left hand and
BD with left foot
- #3 = Play SD with right hand and
BD with left foot
- #4 = Play SD with left hand and
BD with right foot